

ASK THE SPECIALISTS

These two progressive dental specialists have high-tech offices on the East End. They have been collaborating since 2004 and share with us some interesting associations between their fields.



ORTHODONTIST Dr. Victor J.R. Grazina

Dr. Grazina is a Board Certified Orthodontist in East Hampton. He built a LEED registered, green office in 2007 and is proud to have the only 3D iCAT scanner available to the East End.

What do orthodontists do?

As one of the additionally trained dental specialties, orthodontists focus on aligning teeth and facial bones to create beautiful smiles.

Our practice emphasizes esthetic treatment such as clear, removable aligners called Invisalign and fully customized lingual braces that are hidden behind the teeth. These options give you the confidence to face the world without braces while we reveal your radiant smile.



87 Newtown Lane
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I don't want to wear braces for two years or have teeth extracted but I'd like a nicer smile. What can I do?

Fortunately, there have been many exciting advances in orthodontics. Both Invisalign and hidden lingual braces alone can improve your smile in a shorter time—and with the addition of accelerated orthodontics, your total treatment time can be as short as 3 to 9 months!

Accelerated orthodontics is a simple surgical procedure, performed by a periodontist, that makes teeth move 2 to 3 times faster. This procedure can also eliminate the need for extractions and improve the health of your gums.

Along with Invisalign or hidden braces, accelerated orthodontics is perfect for the busy adult who wants a nicer smile quickly and discreetly.

I've heard that the health of my mouth can affect the rest of my body. Is that true?

Absolutely. Emerging research shows a clear association between periodontal disease and other health problems including heart and respiratory diseases, osteoporosis, stroke, and diabetes.

Inflammation of your gums can increase your chances of stroke and heart attacks, and artery-clogging plaque shares the same bacteria as plaque in the mouth. Even people with diabetes can better control their blood sugar if they keep their gums in top shape.

Straight teeth makes it easier to brush and floss, the most important part of a professionally supervised regiment. Partnering with your periodontist not only provides better function and appearance, it can better your total health!

PERIODONTIST Dr. Ancy Verdier

Dr. Verdier is a Board Certified Periodontist in Wainscott. His new office was built in 2008 and offers a relaxing atmosphere. He also maintains an office in Manhattan to facilitate your treatment.



What is a periodontist?

A periodontist is one of the nine specialties recognized by the American Dental Association. A periodontist deals with the bone, gums and supporting structures around your teeth to create a healthy “dental foundation”.

We specialize in helping you maintain your teeth for a lifetime and in replacing lost teeth with implants to restore your youthful function and appearance.



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